

Color Stranded Knitting: Carrying Yarn Strands

Color Stranded Knitting - because toes and fingers can get caught in the loops of the yarn strands not currently being knitted, I suggest that you carry and interweave the un-used color strand on the inside of the piece.

Knitting in the round - yarn strands are carried and interwoven on the **inside** of the piece.

2 Needle Knitting - yarn strands are carried and interwoven on the **wrong side** of the piece.

If the yarn strand is not being used in the current round, it is locked in place at the beginning of the round once by carrying the strand that is being used behind the unused strand. This will capture the strand between the knitted body and the strand being used.

If two or more colors are being used in a round, the unused yarn strand is locked in place with each stitch, or every other stitch, depending on the pattern.



Alternating 2 colors: K1 color A, K1 color B

If two colors are being alternated, the unused color strand is carried behind the stitch of the color being knitted. **Be sure that the unused strand is carried loosely**, so that the knitted fabric has some stretch. This is most easily done by spreading out the unknit stitches along the left hand needle while knitting.

The stitches do not need to be twisted around each other: one color is carried above, and the other color is carried below.



Alternating 2 colors: more than one consecutive stitch in the same color - in this example, there is one color A stitch, alternated with three color B stitches.

In the example on the right, the color A stitch has just been knit, and a color B stitch is being knitted. The color B strand is first carried **over** the top of the color A stitch. In the following color B stitch, the color B strand will be carried under the color A strand. This is done by lifting up the color A strand, and carrying the color B strand **between** the color A strand and the knitted body.



On the reverse side of the knitted piece it is easy to see how carrying the strand over the unused strand, and then under the unused strand is alternated.